## Rajwani

## Introspection

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Self-introspection is necessary for success in life, for progress, for developing true understanding, for developing discrete wisdom. To observe neutrally the positivity, negativity, virtues, vices, good or bad habits, etc. in our nature, speech, behaviour, thought, practice, develop good faith and consciously try to eradicate and abolish unrighteousness.

What is the point, if we have the knowledge of the whole world but are ignorant of ourselves?

We use our energy, wealth and time to decorate our living spaces, but it is equally necessary to contribute to the development of our inner beauty. Every day regularly we should introspect our mind and soul. Just as a gardener removes weeds from a garden, an impure thought, habit can be prevented from growing.

If we want to reap the harvest of success and prosperity, it is necessary to analyse the earth of our lives. It is necessary to take good care of the soil, and to sow healthy seeds. Harvest depend on quality of soil and seeds.

## Reap what you sow.

The destiny we are experiencing today is the result of our past karma. Virtuous, successful seeds in form of karma, must be sown in the present for building a pious, prosperous fate of the future.

Let us constantly introspect, weed the weeds of negativity, ignorance, nurture and cultivate the earth of life and make the journey of life successful.

Introspection is the lamp in the temple of life, the fuel of introspection in the morning and evening should be enough to keep it burning.

Aum Ma Aum

Rajyogi Narendraji

