

Rajwani

Hriday (heart) is a temple for Sadhna (worship)

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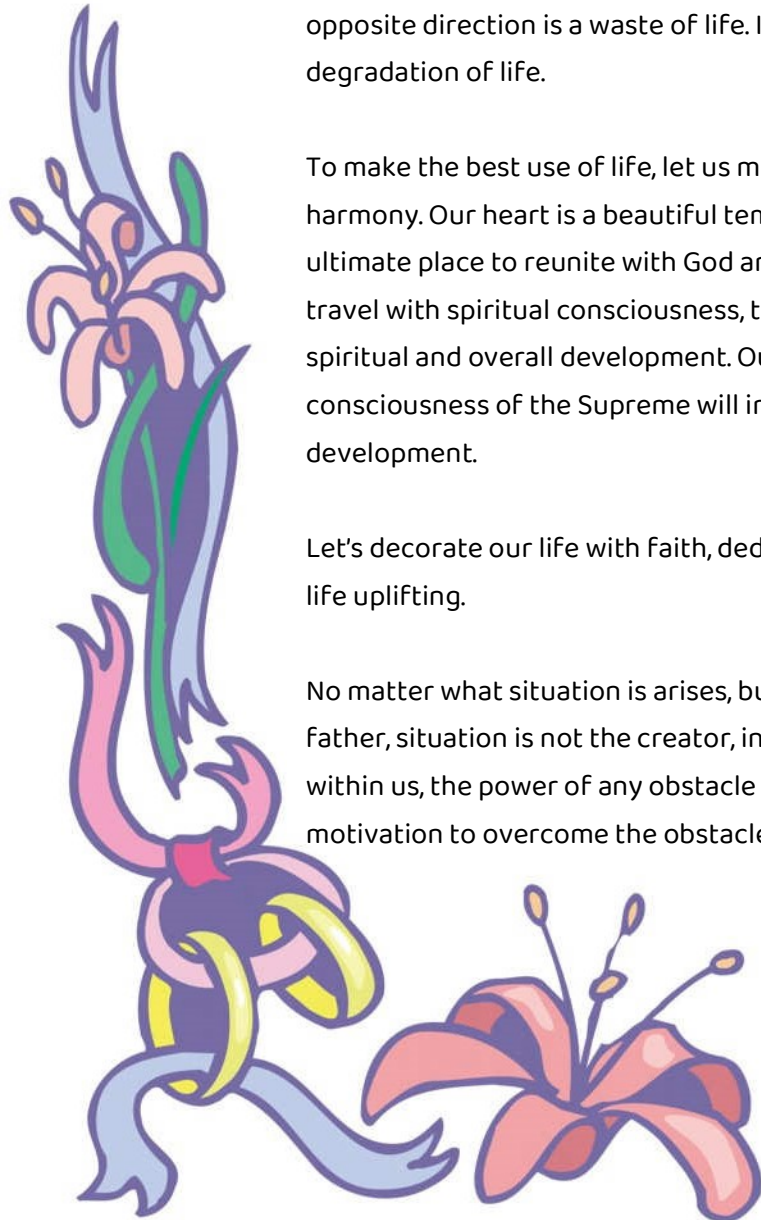
A saint has beautifully explained that there are only two directions of human life, one upward and the other downward. One direction is to go into the ocean of pious happiness of God and the other direction is to sink into the ocean of maya (illusion).

Through conscious and intensive sadhana (worship) we can reach the loving region of the divine. Whereas by being stuck in the sheath of maya (illusion) and Position & Power (Pad pratishtha), life is thrown in the opposite direction of the divine. To move in the direction of Divine, is a good practice of life whereas to move in the opposite direction is a waste of life. Idleness, complacency, tamas (despair) lead to degradation of life.

To make the best use of life, let us make our heart a temple of goodwill, love and harmony. Our heart is a beautiful temple for sadhana (worship). It is a beautiful and ultimate place to reunite with God and enjoy his presence. If we live a virtuous life and travel with spiritual consciousness, then it will endow with the backbone of our spiritual and overall development. Our effort and the light of the Supreme - the consciousness of the Supreme will impart power to us. This will expand the horizons of development.

Let's decorate our life with faith, dedication and prayer. Let's make every moment of life uplifting.

No matter what situation is arises, but we must consider the situation as a child, not a father, situation is not the creator, instead it is our creation. If we have the strength within us, the power of any obstacle will not be able to stop us or discourage us. The motivation to overcome the obstacle will come from within.



Our dream peak is hidden behind the veil of fog. Let's move forward with courage and embrace the summit of dreams

Aum Ma Aum

- **Rajyogi Narendraji**

