

Rajwani

Inner Journey

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Why do we have to perform the inner journey?

In our conscience - within our heart, in our breath, Almighty is everywhere. We must perceive and experience the light, joy, supremacy of God through our inner journey and cultivate the ability to receive the inspiration and guidance from God.

If we understand some of the rules, signs and guidelines of the inner journey, then it's path will become easier.

1. Our personality is influenced by the type of thoughts we let within our mind. Always allow only positive, pious thoughts enter the mind. Always be on the lookout for negativity.
2. Keep up the hard work for advancement of the seed of thoughts.
3. To recognize the signs of love consciousness, grace and blessings, the door of our sight and heart must always be open.
4. We must accept the responsibility of being in discipline (sadhana) ourself. We must build our own temple of liberation (Mukti Mandir).
5. Always incline our thoughts towards welfare.
6. We must be determining the picture of our discipline (sadhana) and planning it yourself. When our thoughts are benevolent, we can feel its influence on the life.



7. Become as simple, instinctive, spontaneous, and loyal as a child.

It is necessary to be as pure, innocent, simple as a child to experience the union of the Soul and God (Atma-Paramatma).

Aum Ma Aum

- **Rajyogi Narendraji**

